

November

LUNCH MENU	Salad Bar: Serves a minimum of 3 fruits and 3 vegetable choices daily Milk: 1% or non-fat Milk (Non-Fat Chocolate Milk offered on Fridays) ALL LUNCHESES INCLUDE MILK* AND SALAD BAR*
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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
October 29 Y: Pancakes & Sausage B: Pancakes & Veggie Sausage	October 30 Y: Caesar Salad with Chicken B: Caesar Salad Both with Bread Stick	October 31 Y: Meat Loaf B: Black Bean Patty	November 1 Y: Sweet –N-Sour Meatballs B: Sweet-N-Sour Nuggets	November 2 Y: Chicken Strips B: Veggie Strips
5 Cheesy Beans With Tortilla Chips	6 Mac-N-Cheese w/ Wheat Crackers	7 Noon Dismissal Y: Hot Dogs B: Veggie Burger	8 Y: Grilled Tuna & Cheese Sandwich B: Grilled Cheese Sandwich	9 Fishwich
12 NO SCHOOL	13 Y: Hamburger B: Black Bean Burger	14 Y: Fajita Chicken B: Veggie Nuggets Both with Rice	15 Y: Turkey Gravy B: Veggie Gravy Both w/mashed potatoes	16 Y: Polish Sausage B: Black Bean Patty Both w/Pretzel
19 Y: Meat Sub Sandwich B: Veggie Sub Both with Chips	20 Y: Tuna Sandwich B: PB & J	21 Noon Dismissal Y: Corn Dogs B: Veggie Nuggets	22 Thanksgiving Holiday	23 NO SCHOOL
26 Y: Chickenwich B: Veggie Burger	27 Baked Potato	28 Y: BBQ Beans w/Wieners B: Veggie BBQ Beans Both w/Wheat Crackers	29 Y: Caesar Salad w/Chicken B: Caesar Salad w/ Veggie Sausage	30 Fish & Chips

*Commodity Item

This institution is an equal opportunity provider.

Pre-Paid Lunch Coupon	
Student Name: _____	Date: _____
Lunch Full Price: 5 lunches @ \$2.85 = \$14.25	22 lunches n @ \$2.85 = \$62.70 (amt) _____ x \$2.85 = _____
Lunch Reduced Price (approved only)	(amt) _____ x \$.40 = _____
Beverage (Milk or Juice) 20 drinks for \$7.00 (\$.35 each)	(amt) _____ x \$.35 = _____
Breakfast Cost: \$0	