

September

LUNCH MENU	Salad Bar: Serves a minimum of 3 fruits and 3 vegetable choices daily Milk: 1% or non-fat Milk (Non-Fat Chocolate Milk offered on Fridays) ALL LUNCHESES INCLUDE MILK* AND SALAD BAR*
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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 NO SCHOOL	4 Y: Hamburger B: Black Bean Burger Both on Whole Wheat Bun	5 Y: Hot Dogs B: Black Bean Burger Both on Whole Wheat Bun	6 Y: Chicken Strips B: Veggie Sausage Both with Wheat Roll	7 Fish and Chips
10 Y: BBQ Beans with Mini Dogs B: BBQ Beans with Veggie Sausage	11 Y: Chicken Quesadilla B: Cheese Quesadilla with Black Beans	12 Y: PB & J on Wheat Bread with Potato Chips	13 Y: Mac-N-Cheese With Wheat Roll	14 Y: Chicken Nuggets B: Veggie Nuggets
17 Cheesy Beans with Tortilla Chips	18 Y: Meat Sub Sandwich B: Veggie Sub Sandwich	19 Y: BBQ Beef B: BBQ Veggie Patty Both on Wheat Bun	20 Y: Bean and Cheese Burrito	21 Y: Corn Dog B: Veggie Sausage
24 Y: Cream Chicken over Rice B: Cream Veggies over Rice	25 Y: Cesar Salad with Chicken B: Cesar Salad Both with Crackers	26 Y: Pork Sausage B: Veggie Sausage Both with Hash Browns	27 Y: Beef Nachos B: Cheese Nachos with Black Beans	28 Y: Fajita Chicken B: Veggie "Chicken" Both with Wheat Breadstick

*Commodity Item

This institution is an equal opportunity provider.

Pre-Paid Lunch Coupon	
Student Name: _____	Date: _____
Lunch Full Price: 5 lunches @ \$2.85 = \$14.25	22 lunches n @ \$2.85 = \$62.70 (amt) _____ x \$2.85 = _____
Lunch Reduced Price (approved only)	(amt) _____ x \$.40 = _____
Beverage (Milk or Juice) 20 drinks for \$7.00 (\$.35 each)	(amt) _____ x \$.35 = _____
Breakfast Cost: \$0	